

ALASKA POST

Home of the Arctic Warriors

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Fort Wainwright, Alaska

April 20, 2012



Fort Wainwright honors Presidential Service Award winner, all volunteers

Allen Shaw, Fort Wainwright PAO

The 1st United States Volunteer Cavalry, known as the Rough Riders, were 1,250 volunteers called to action by President William McKinley in 1898 to assist in the war efforts during the Spanish-American War. The United States Army was fragile then and had very little manpower after the American Civil War. Over a century later, the Army is the strongest in the world and is supported by an army of volunteers.

Fort Wainwright recognized its own volunteers during the 2012 ceremony at the Southern Lights Chapel, April 11. Guest speaker, Alice Palumbo, wife of U.S. Army Alaska Commanding General, Maj. Gen. Raymond P. Palumbo, praised the contributions of the numerous volunteers recognized during the ceremony. "I have just 10 words for you," Palumbo said, "Thank you, thank you, thank you; what you do matters."

The U.S. Volunteer Corps is considered "The Force behind The Force."

The force of volunteers on post is made up of active duty Soldiers, Family members, retirees and civilians. "We are here to honor everyone who gives of themselves," said Charles Lyons, volunteer program manager, "whether they gave an hour or thousands of hours. We have a

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The sun was shining brightly in more ways than one at the Southern Lights Chapel, April 11, as "The Force behind the Force" was honored during Fort Wainwright's 2012 Volunteer Recognition Ceremony. Holding the symbolic check presented to the garrison commander is Col. Ronald M. Johnson (right), commander, United States Army Garrison, Fort Wainwright and Command Sgt. Maj. David Turnbull (left), command sergeant major, United States Army Alaska. Also standing directly behind the check showing that 58,850.3 hours given equates to \$1,548,351.39 and in front of the group who volunteered more than 100 hours each in 2011 is Maj. Gen. Raymond P. Palumbo (center), USARAK commanding general, his wife and guest speaker, Mrs. Alice Palumbo (between Maj. Gen. Palumbo and Col. Johnson) and volunteer, Milagros Bailey (between Maj. Gen. Palumbo and Command Sgt. Maj. Turnbull), wife of Sgt. 1st Class Kevin Bailey, C Company, 123rd Aviation Intermediate Maintenance, 16th Combat Aviation Brigade. Bailey is a key caller for the Family Readiness Group, assistant treasurer and general volunteer for Army Community Services. (Photo by Allen Shaw/Fort Wainwright PAO)

1-25th Soldier makes marriage homecoming priority

Sgt. Thomas Duval, 1-25th SBCT PAO

Deployed Soldiers look forward to returning home for many reasons, one of the most popular being the exciting purchase of a new vehicle or

that big-screen TV that may have been too expensive before.

While these are exciting times in the lives of many, the anticipation around one Soldier's return was for a more intimate occasion.



Pfc. Nick Kindel, of Rineyville, Ky., and Kirsten Brooks of Fort Meade, Md., joined in marriage on April 10, inside the headquarters building of the 1st Stryker Brigade Combat Team, 25th Infantry Division on Fort Wainwright. Kindel recently served as a fire support specialist with the Brigade Troops Battalion, 1-25th SBCT in support of Operation Enduring Freedom. (Photo by Sgt. Thomas Duval/1-25th SBCT PAO)

On April 10, in a hallway guarded by a large stuffed trophy bear inside the headquarters building of the 1st Stryker Brigade Combat Team, 25th Infantry Division and U.S. Army Alaska, Pfc. Nick Kindel, of Rineyville, Ky., and Kirsten Brooks of Fort Meade, Md., joined hands in matrimony.

The ceremony came less than a month after Kindel returned from southern Afghanistan, where he served as a fire support specialist with the Brigade Troops Battalion, 1-25th SBCT in support of Operation Enduring Freedom.

"It was scary to think there was a chance he wouldn't come back...I was nervous," Kirsten said.

Kirsten said Nick tried to make being apart as easy on her as possible and stayed loyal to routine phone calls and Internet chats.

It was through those phone calls that the two said they realized they were meant to be married.

"I was on the phone with her and she said something silly, I don't remember what the joke was, but I just started laughing and after I hung

See WEDDING on page 4

U.S. and Afghan Army units share moniker

1st Stryker Brigade Combat Team, 25th Infantry Division Public Affairs, Courtesy Story

The 1st Battalion, 5th Infantry Regiment "Bobcats" have partnered with, trained and mentored the 6th Kandak (Battalion), 1st Brigade, 205th Atal "Hero" Corps of the Afghan National Army in Panjwa'i district, Kandahar province for the past year.

The ANA have assumed increasing responsibility for the security of the people of the district and in facilitating the connection between ordinary citizens and their district government during that time.

Transitioning from U.S. and Afghan-partnered operations to ANA dominance has not been an entirely smooth or peaceful process. The ANA and the Bobcats have both faced continuous threats from Taliban insurgents. Both sides have fought, bled and lost comrades while fighting for a brighter future for Panjwa'i. The shared hardships and sacrifices have brought the Afghan and U.S. Soldiers together at every echelon, from the battalion through squad level.

The ANA recently made a decision to commemorate their service with the Bobcats that was both humbling and unprecedented. Borrowing several stencils and cans of spray paint from 1-5th, the 6th Kandak, 1st Bde, 205th painted all of their vehicles and most of the vertical surfaces within their command compound with the same Bobcat logo used by their American partners.

"My command sergeant major, Command Sgt. Maj. Jan Ali, came up with the idea to adopt the Bobcat's logo and name for our Kandak," said Lt. Col. Ghulam Dastagir, commander of the 6th Kandak, 1st Brigade, 205th. "We didn't have a name or logo of our own for the unit, so we asked if we could adopt 1-5th's and call ourselves the Bobcats, too."

Command Sgt. Maj. Ali explained that the name change and logo were adopted for more than just the purpose of increasing ANA esprit de corps.

"We've worked with 1-5th for a year—we've become like a family tree," Ali said. "We know that

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Happy Earth Day to you

Allen Shaw, Fort Wainwright PAO

Editor's note: Over the past several weeks the Alaska Post has shared several articles regarding the need to be sustainable as an individual, Family, Army, nation and world. Today Fort Wainwright celebrates the partnerships forged

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WEEKEND WEATHER



Friday

Mostly cloudy
Light winds
Highs around 55
Lows near 35



Saturday

Mostly cloudy
Highs near 55
Lows 30 to 35



Sunday

Partly cloudy
Highs 55 to 60
Lows near 30

Free summer activity seminar

Spring into summer with Army Community Service and the Safety Office. Living in the land of the midnight sun is more fun if done without injury. Learn about activities such as fatigued driving, how to camp safely, water and all-terrain vehicle safety and what to do if you encounter wildlife. The first class is April 26, from 6 to 8 p.m. at the Last Frontier Community Activity Center. For more information call 353-4227.



BRIEFS

Military children celebrate Seuss-style

Fort Wainwright's Month of the Military Child celebration takes place April 28, 10 a.m. to 1 p.m. in the Youth Center gym. "Red, White and Seuss" is the title and theme for a wonderland inspired by the storybooks of Dr. Seuss. There will be an obstacle course and carnival booth games inspired by Dr. Seuss's story books. Children will receive a free Dr. Seuss book while supplies last. Activities are geared for children 2 and older. For more information, call 353-7713.



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SN/ BIRCHWOOD HOMES

Medical Department Activity - Alaska

National Immunization Week

Each year, thousands of children become ill from diseases that could have been prevented by basic childhood immunizations. Countless more miss time from day care and school because they are under-immunized or inappropriately immunized. The week of April 21-28 is National Immunization Week, an initiative designed to raise awareness about the importance of childhood immunizations.

Thanks to vaccines, many diseases are no longer common in this country. However, even the few cases we have in the United States could very quickly become tens or hundreds of thousands of cases if we stopped vaccinating. It's not uncommon to have measles outbreaks, whooping cough out-

breaks, chickenpox outbreaks and other diseases when vaccination rates drop.

People sometimes ask "aren't vaccine side-effects dangerous"? Although any vaccine can cause side effects, usually these side effects are minor — low-grade fever, and soreness, redness or swelling at the injection site. Some vaccines may cause temporary headache, dizziness, fatigue or loss of appetite. Only on rare occasions does a child experience a severe allergic reaction. Although these rare side effects are a concern, vaccines are much safer than the diseases they prevent. Of course, vaccines aren't given to children who have known allergies to specific vaccine components. Likewise, if your child develops a life-threatening reaction to a particular vaccine, further doses

of that vaccine won't be given.

Another question sometimes asked is "aren't vaccines given too early and isn't it okay to skip certain vaccines"? Early vaccination is essential because there are diseases that are most likely to occur when a child is very young. Because they are young, their risk of complications is also the greatest. If you postpone vaccines until a child is older, it may be too late. Skipping vaccines isn't a good idea. This can leave your child vulnerable to potentially serious diseases that could otherwise be avoided. And consider this: For some children, including those who can't receive certain vaccines for medical reasons or those who don't seem to respond to certain vaccines, the only protection from vaccine-prevent-

able diseases is the immunity of the people around them.

Childhood vaccines protect children from a range of serious diseases. Experts, including the American Academy of Pediatrics and the Institute of Medicine, agree that vaccines one of the best ways to keep your children healthy. If you have reservations about particular vaccines, discuss your concerns with your child's primary care provider. If your child falls behind the standard vaccines schedule, catch-up vaccinations are typically available. It usually isn't necessary to repeat earlier doses of a particular vaccine.

At Bassett our immunizations clinic is open from 7:30 to 3:45 p.m. Monday through Friday on a walk-in basis. If you are new to Medical Department



Col. George Appenzeller
MEDDAC-AK commander

Activity-Alaska, an appointment with your primary care physician is necessary before receiving vaccinations. For more information about vaccines or if you have any questions please speak with your primary care provider or call our immunizations department at 361- 5456. As always, remember MEDDAC-AK is here for you and your family.

GI Jane: Golden Rules

GI Jane,
Alaska Post Contributor

It is hard to believe that we are already at the end of this year-long speed bump that our Army life has placed in our path. I believe I would be safe speaking for all of the

writers involved in making this column a reality in saying that it has been a privilege and honor sharing challenges, tips and insights with all of our fellow GI Janes. I hope that you all have enjoyed reading the column every other week, and all of the

varied topics that have been covered. In preparing for this final segment of the column, I wanted to be sure that just as we all strive to finish this deployment well, I also strive to finish this column well; so I will leave you with these final thoughts.



Top 10 Things to Remember Through Reintegration

1. Remember the Golden Rule. Love your Soldier through this transition, and allow him to love you. It may be a cliché to say, "love conquers all", but I believe that choosing to love is the answer to keeping a lot of little things from becoming big things.
2. Remember to continuously reevaluate your expectations. Clear and realistic expectations are the key to being successful in this transition.
3. Remember that you have both changed. You have experienced very different challenges, joys and hardships over the course of the deployment, and for your Soldier he is facing changes in every aspect of what has been his "normal" for so long.
4. Remember to be patient with one another. Some things will fall back into place quickly and almost effortlessly, but there will be changes and things that may take longer than you would like or had expected. Don't give up!

5. Remember to communicate. The worst thing you can do is shut each other out. Be willing to communicate clearly your needs and expectations, but also be willing to listen to your Soldiers' needs and expectations. Then lovingly negotiate any compromises that may need to be made.
6. Remember to keep your priorities straight. It is easy to let little things become big things when we lose sight of what is really most important. Talk about what the two of you feel is most important during this time of transition and change.
7. Remember not to compare. Your relationship and reintegration is not the same as your best friend or your Soldier's best friend. It is important to do what is right for you and your relationship at the time that it is right for you and your relationship.
8. Remember not to take things too personally. There are bound to be some difficulties in your transition. Don't let them get you down or start a negative thought pattern that leads to more

- difficulty. Sometimes disagreements and space are just a part of finding your new "normal".
9. Remember to be intentional in your efforts to reconnect as a couple. Whether you have children or not it is vitally important to your marriage that you make a conscious effort to reconnect. Absence does make the heart grow fonder, but just because you are back together doesn't mean things are going to automatically fall back into place without some effort.
 10. Remember that help is available if needed, and there is no shame in doing whatever it takes to save the relationship that you committed to the day you said, "I do!" There are plenty of options available for help in getting back on track, so seek them out if you need to.

I hope that this column has been of some help to all of you during this deployment, and I pray that you are able to weather whatever may lie ahead knowing that you are not alone and that there are always other GI Janes just a phone call away when you need a friend.

Month of the Military Child: A time to thank our heroes' heroes

William Bradner,
Installation Management Command

It's the pre-school child who—without being asked—passes his dessert to his little sister, simply because she looks sad. It's the second-grader who bravely puts a picture of her father at the head of the table for her birthday party, and the fifth-grade siblings who donate all their earnings from their lemonade stand to the USO that both their parents passed through on the way to Iraq. It's the junior high band member who asks if the spring concert can be dedicated to our deployed service members, and it's the high school cheerleader who organizes a "care package" drive. It's the college graduate who clings just a little longer to her father, wishing that her mother was at the commencement ceremony instead of in Afghanistan.

These are our military children; our nation's heroes.

With so much media attention focused on the Soldiers returning from war and the sacrifices they've made for our freedom, we don't want to overlook the youth who quietly support them in the background. Approximately 2 million children have experienced the deployment of one or both of their parents in the last ten years.

They brave their own battlefields.

They rely on an inner strength to face each day. They swallow their fears and disappointment because they know that their Soldier-parent is doing something important. They inspire us with their resiliency.

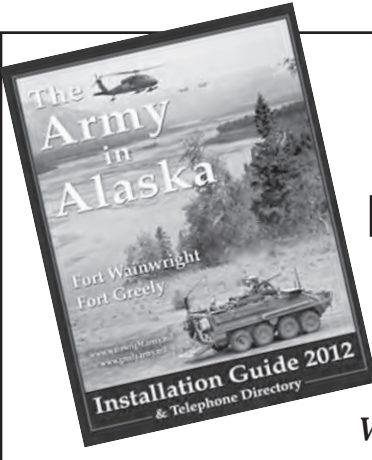
It's hard for the average American to fathom how well our children cope. How those who are old enough to understand dread an unexpected knock on the door. How much joy they feel when their uniformed parent steps off the airplane in a sea of red, white and blue. Like the Soldier on the battlefield who pushes forward because he has to, they push forward, counting the days and hours until the end of the deployment.

Our military children are heroes. Let's not let them be unsung heroes.

Military installations around the world have celebrated the Month of the Military Child each April since 1986. Communities will host fairs, youth centers will sponsor special events, and garrisons around the world will take a little time this month to honor military kids, and thank them for their service.

It's a relatively common sight today to see a stranger say "thanks for your service" to a service member in uniform. This month, take it a step further...take a moment to thank the child holding his or her hand.

Their heroism deserves our gratitude.



The Fort Wainwright,
Fort Greely 2012 Installation
Guide now available online.

Visit Fort Wainwright website at:
www.wainwright.army.mil/sites/local/

ALASKA POST

Home of the Arctic Warriors

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Moniker: Part of Bobcat family is in Afghanistan

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they're an old unit and have a long history, and we know they're going home soon. We wanted part of the Bobcat family to be in Afghanistan as well, now."
"It's extremely humbling," said 1-5th's Command Sgt. Maj. Ernest Bowen, of Georgetown, Pa. "I've spent a lot of time talking with Command Sgt. Maj. Ali about unit pride and history and how it's really a key role of the noncommissioned officers to keep that alive in a unit. You look out at other ANA units and they have

some kind of an identity, with scorpions painted on their trucks and things like that, so all I'd mentioned to Command Sgt. Maj. Ali was that I thought it might be a good idea for him to give his own guys that kind of identity and pride."
"When he came back a few weeks later and told me he'd like to start up that identity and pride by borrowing our logo, I agreed. It just seemed pretty cool," Bowen admitted with a grin.
The 6th Kandak, 1st Bde, 205th Bobcats have taken their new identity to heart. Spray-painted



The Bobcat stencil represents, 1st Battalion, 5th Infantry Regiment, 1st Stryker Brigade Combat Team, 25th Infantry Division and now their Afghan partners, the 6th Kandak, 1st Brigade, 205th Atal Corps. This symbol, associated with the two battalions, can be seen on buildings, vehicles, T-shirts, and more. (Courtesy graphic)

Bobcats greet any incoming vehicles at the entrance to their headquarters compound at Forward Operating Base Shoja. Bobcat logos adorn command structures, living tents, and dining facilities on the ANA side on Shoja exactly as they do on the American side. Every ANA vehicle at FOB Shoja now sports two black Bobcats on its side and back. Even the vehicles used by some of the civilian contractors on FOB Shoja have increasingly been showing their Bobcat pride.
But all of this is just the beginning. "We'll

begin painting all of our companies' trucks throughout Panjwa'i with the Bobcat soon," said Dastagir. "We want everyone in Panjwa'i to know that we are the Bobcat Battalion."
The 1-5th, commander, Lt. Col. Brian Payne of Red Oak, Texas, said the ANA's adoption of the Bobcat sends an important message to his own Soldiers, as well.
"We've been building our tactical infrastructures for the past year so that when we transition them to the ANA, they'll be able to suit the ANA's needs," Payne

said. "But for our guys, the ANA taking our logo and painting that on their trucks really says something. You can't go home seeing that and not think you did something important. You can't see that logo on their vehicles and not realize that you made an impact. You just can't. It's awesome."
"When Afghan people ask me about the logo, I tell them that it represents the ANA," Ali said. "We want this to be something they all can know and feel safe with. The Bobcats will always be here for them now."



Soldiers of the 6th Kandak (Battalion), 1st Brigade, 205th Atal Corps adorn their vehicles with their new unit symbol. The stenciled symbol represents the bobcat, a unit mascot adopted from their U.S. partners, of the 1st Battalion, 5th Infantry Regiment, 1st Stryker Brigade Combat Team, 25th Infantry Division. (Photo by 1st Lt. Tony Formica)

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Volunteers: The force behind the Force

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great community of volunteers.” Volunteers on Fort Wainwright work at 46 organizations and have logged more than 10,000 combined hours over the past year.

“This group of selfless individuals works at Child, Youth and School Services; Army Community Service; Outdoor Recreation; the Birch Hill Ski and Snowboard Area; the bowling alley and Bassett Army Community Hospital, to name a few,” he said. Everyone who wants to volunteer is placed into the Volunteer Management Information System and when approved, is placed in areas that can most benefit from his or her skills.

During this year’s event, Charles Hamby, who has donated over 15,000 hours at Bassett Community Army Hospital, received the Presidential Volunteer Service Award. Hamby, who donated more than 1,700 hours in 2011 said, “That’s about 40 to 45 hours a week. I’m just glad I could help.”

According to www.presidentialserviceawards.gov, the President’s Council on Service and Civic Participation was established in 2003 to recognize the valuable contributions volunteers are making in our communities and encourage more people to serve. The Council created the President’s Volunteer Service Award program as a way to thank and honor Americans who, by their demonstrated commitment and example, inspire others to engage in volunteer service.

Col. Ronald M. Johnson, commander, United States Army Garrison Fort Wainwright, presented Hamby with the highest honor bestowed on a member of the U.S. Volunteers Corps: a personalized certificate and letter from the president, as well as a blue and gold lapel pin



The Presidential Volunteer Service Award pin, awarded to Charles Hamby for his lifetime of more than 4,000 hours of volunteer service; over 1,700 hours were donated to the Bassett community Army Hospital in 2011. (File image)

given only to those who have volunteered more than 4,000 hours over a lifetime. “The recognition was long overdue and well-deserved,” Lyons said.

Hamby appreciated the recognition, “I honestly did not expect this,” he said, and encouraged others to volunteer if they are able. “It doesn’t cost you anything and it feels good to help.”

At the conclusion of the ceremony Johnson was presented with a symbolic check showing that the 58,850.3 hours given equates to \$1,548,351.39 donated to Army programs.



Charles Hamby, volunteer at Bassett Army Community Hospital receives a lapel pin from Col. Ronald M. Johnson, commander, United States Army Garrison Fort Wainwright during the Volunteer Recognition Ceremony, April 11, at the Southern Lights Chapel on post. Hamby was presented with the the highest honor bestowed on a member of the U.S. Volunteers Corp: a personalized certificate and letter from the president, as well as a blue and gold lapel pin given only to those who have volunteered more than 4,000 over a lifetime. (Photo by Allen Shaw/Fort Wainwright PAO)

Wedding: New future



Maj. Herb Franklin, 1st Stryker Brigade Combat Team, 25th Infantry Division chaplain, presides over a small wedding ceremony for Pfc. Nick Kindel, fire support specialist assigned to the Brigade Troops Battalion, 1st Stryker Brigade Combat Team, 25th Infantry Division, and Kirsten Brooks April 10 at the 1-25th SBCT Headquarters building at Fort Wainwright. (Photo by Sgt. Thomas Duval/1-25th SBCT PAO)

Continued from page 1

up I said to myself ‘I can see us getting married,’” Nick said.

“We make each other laugh every day and that’s important in any relationship,” Kirsten said. “We know that in two or three years from now we won’t be bored ... I picked a keeper.”

Nick is looking forward to the future with his new wife and said he plans on staying in the military as long as “she will let me.”

When asked about how future deployments could affect the relationship, Kirsten’s answer was simple. “We did it once and we will do it again,” she said.

Chaplain (Maj.) Herb Franklin, 1-25th SBCT chaplain, presided over the ceremony which ended with a short kiss, a big smile and the cutting of a small sheet cake.

The Kindels are scheduled to have a large wedding ceremony when they return home later this year.

Earth day: Me and now

Continued from page 1

through the mutual efforts of our community to join others in making the planet a better place.

When you live in Interior Alaska, there are way fewer days of bright, warm sunshine than there are of cold, dark and drab. As the seasons change and the snow melts, evidence of blatant neglect abounds. A quick drive through post, along any of the highways and especially around the dumpsters, transfer sites and recycle bins, shows signs that many people just don’t care.

The theme for the 2012 Earth Day celebration at the Physical Fitness Center from 10 a.m. to 4 p.m. asks, “If not you, who? If not now, when?” Everyone is encouraged to join the activities throughout the day to see how the Army, Fort Wainwright and the Fairbanks community have partnered to answer, “It is us and we have already started.”

Although indications show that progress has been made, there is physical proof all over the ground that we still have a long way to go. So far there is only one Family on the entire installation participating in the “Adopt a Recycling Point” program. The mom and daughter recently went to one of the areas and cleaned up the mess. There was not only trash scattered everywhere, somebody had dropped off large wood items like a chair and dresser. At another area, someone just tossed

out an entire pickup truck bed-liner. Unwanted, not made of materials eligible for the recycling process, it sat there for two weeks.

The recycle bins are clearly marked and any reasonable individual should realize, to make this work, things need to be put inside. If not you, who? If not now, when?

Just because the bins are also called dumpsters, the recycling points are not dumps.

“Large bulk items placed at recycling points can be a hazard by weight or environmental factors,” Capt. Timothy Hall, United States Army Garrison Fort Wainwright, Headquarters and Headquarters Company commander and installation recycling, officer said.

The garrison command is currently working on a plan to address these issues in accordance with Garrison Policy 15, as we lean forward toward the goals to reduce, recycle, re-purpose and recover. Everyone can help by being vigilant and using common sense. Clean up your act. That’s a good place to start.

Then stop by the PFC today and become part of the solution. It is time for you to say, “Me and now”.

For more information on Army Earth Day visit www.sec.army.mil. For more information on Army Net Zero visit <https://eko.usace.army.mil> or search for Fort Wainwright Earth Day on Facebook.

See Earth Day schedule next page

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North Haven reaches sustainable milestone, appliances kept from landfills, go to local nonprofits

Betsy Woolley,
North Haven Communities

A sustainable victory was achieved in March when North Haven Communities surpassed 400 recycled appliances, with 300 of the appliances recycled in the past three months. North Haven is the Army’s housing partner at Fort Wainwright, part of the Residential Communities Initiative.

Soon after its inception in 2009, North Haven created a White Goods Reuse Program that continues to achieve excellent sustainable successes. North Haven partnered with local organizations and philanthropic businesses and has rerouted more than 400 appliances from the waste stream, finding them homes with individuals in the surrounding communities. Mike Kondus, North Haven environmental development manager, said, “We are delighted anytime we can reclaim and recycle materials. A reuse initiative, like the White Goods Reuse Program we created with Fairbanks organizations, is to everyone’s advantage.”

The 2010-2011 renovations of 112 units in the Southern Cross neighborhood and the 2011-2012 demolition of 192 units in the Northern Lights neighborhood, produced a number of used appliances which were too old for North Haven to place in new units but were in good, working condition and available for reuse. The refrigerators, stoves, washers, dryers

and dishwashers were destined for the local landfill.

North Haven identified an inclusive, sustainable solution creating and implementing a White Goods Reuse Program that reached out to develop partnerships with local non-profit organizations which placed the used appliances in

tion Army and the Fairbanks Chapter of the National Association for the Advancement of Colored People.

IRHA provides affordable and sanitary housing for qualifying Native Alaskans and Native Americans in the Interior of Alaska, serving 43 Alaska Native tribes in 29 villages and

were happy that their clients were able to use the appliances as soon as they were donated, IRHA Planning and Business Development Manager, Tiffany Sweetsir, said, “We look forward to the day when we can build up a stock of these appliances in our warehouse and are able to meet client needs as

now. They are flying out of the store,” said Larry Mazzillo, warehouse supervisor for the Salvation Army. The Salvation Army uses the thrift store to not only provide low-cost access to used appliances, but uses the operating store and funds generated from sales to fund job skills training and meet human needs in the Fairbanks community.

At times the number of salvaged appliances available was so great that the non-profit organizations were not able to move them all. North Haven reached out to form partnerships with local philanthropic businesses. MacCheyne’s Carpet Plus and Vision International Inc. donated labor totaling more than 200 man hours and in addition, donated trucks to transport the appliances from the North Haven neighborhoods to the non-profits.

Taylor Tilman, president of the Fairbanks chapter of the NAACP said, “Being able to send these appliances home with people who need them but can’t afford them is a very good thing.” He added, “We are happy North Haven paired with us to make this good thing happen in Fairbanks.”

Learn more about how North Haven is dedicated to incorporating social, economic and environmental sustainability initiatives into the fabric of the Fort Wainwright Family housing neighborhoods, April 20 during the installation’s Earth Day event, 10 a.m. to 4 p.m. in the Physical Fitness Center.



Salvation Army employees load donated appliances for resale in Salvation Army thrift stores. The thrift store sales provide low-cost access to used appliances and funds generated go to pay for job skill training and in supporting the Fairbanks community. (Courtesy photo)

the homes of Alaskans who would not have otherwise been able to afford them.

Three of the major recipients for the donated appliances have been Interior Regional Housing Authority, the Salva-

Fairbanks. The appliances donated to IRHA were immediately placed into client homes.

“Perhaps the next load will fill the needs of our clients,” said Darrell Greenway, warehouse manager for IRHA. While they

they arise.”

The Salvation Army has experienced similar success selling the used appliances in their thrift store.

“The need for used appliances is especially high right

Today’s Fort Wainwright Earth Day schedule:

10 a.m., Earth Day celebration begins
10:30 a.m., Demonstration: “Proper Recycling” tips and tricks to get the most out of recycling
11:00 a.m., Panel discussion: “Sustainable Re-cycling” as a way of life
11:30 a.m., Children’s story time with the Fort Wainwright library staff
Noon Panel discussion: “Sustainable You” personal sustainability, education, career, relationships and health

12:30 p.m., Zumba demonstration
1 p.m., Panel discussion: “Sustainable Finances”
1:30 p.m., Demonstration: “Trash to Treasure” new uses for old things
2 p.m., Panel discussion: “Sustainable Communities Alaska”
2:30 p.m., Fashion show with Armed Services YMCA, After 5 Boutique followed by music from the 9th Army Band
3 p.m., Children’s coloring contest awards
3:15 p.m., Sustainability Proclamation signing
3:30 p.m., Cake cutting ceremony
4 p.m., Earth Day celebration ends

All activities take place in the Physical Fitness Center.

Available to GCI Cable subscribers on post

CHANNEL 5

Watch for Current Facility Information and Special Community Events

Also find it online at www.wainwright.army.mil under the Command Channel 5 link.

<div>13396131 ENCHANTED FOREST TOYS AK POST/AK POST 2 x 3.0</div>	<div>11394614 LOOSE MOOSE CAFE AK POST/BUCKS AK PO 2 x 3.0</div>	<div>11394653 BABULA, DR. AK POST/AK POST 2 x 3.0</div>
<div>13396159 FAIRBANKS ECONOMIC DEVELO AK POST/CSA-AK POST 2 x 4.0</div>	<div>16394270 NORTH POLE MARTIAL ARTS AK POST/SUMMER FUN 2 x 4.0</div>	<div>16396020 NORTH STAR DRIVING SCHOOL AK POST/SUMMER KIDS 2 x 3.5</div>
<div>12393569 FAIRBANKS ICE DOGS/ARCTIC</div>		

Friday-20th

EXCEPTIONAL FAMILY MEMBER PROGRAM BOWLING, 6 to 7 p.m. Nugget Lanes Bowling Center, Building 3702. Open to EFMP participants. Cost is \$2.25 per game, shoes included. Call 353-4243.

COSMIC BOWLING, 8 p.m. to 1 a.m., Nugget Lanes Bowling Center, Building 3702. Call 353-2654.

Saturday-21st

GROUP CYCLING CLASS, 10 a.m., Physical Fitness Center, Building 3709. Call 353-7223.

HOMEMADE BABY FOOD CLASS, 10 a.m. to noon, Child Development Center 1, Building 4024. Call 353-7713.

SKATE WITH THE NANOOKS, 1 to 3 p.m., Physical Fitness Center Ice rink, Building 3709. No Cost. Call 353-7713.

ZUMBA FITNESS CLASS, 1 p.m., Physical Fitness Center, Building 3709. Cost is \$7. Call 353-7294.

CHESS CLUB, 3 to 5 p.m., Last Frontier Community Activity Center, Building 1044. Call 353-7755.

LIVE JAZZ, 6 to 8 p.m., Nugget Lanes Bowling Center, Building 3702. Call 353-2654.

NATIONAL HUMOR MONTH YOUTH COMEDY SHOW, 6:30 to 8 p.m., Youth Center, Building 4109. Call 353-5437.

YOUTH TALENT SHOW, 7 p.m., Youth Center, Building 4109. Call 361-5437.

COSMIC BOWLING, 8 p.m. to 1 a.m., Nugget Lanes Bowling Center, Building 3702. Call 361-2654.

Sunday-22nd

FORT WAINWRIGHT GOSPEL SERVICES, 9:45 a.m., Sunday school, 11 a.m., Worship service, Bassett Army Community Hospital, third floor conference room, Building 4076.

PROTESTANT SERVICES, 10 a.m., Sunday school, 11 a.m., Sunday Protestant worship, Northern Lights Chapel, Building 3430.

CATHOLIC SERVICES, 11 a.m., Catholic Mass, Southern Lights Chapel, Building 4107.

OPEN ICE SKATING, 1:30 to 4 p.m., Physical Fitness Center, Building 3709. Call 353-7223.

Monday-23rd

LAW CENTER CLOSED, through tomorrow. Call 353-6500.

ROMP AND STOMP PLAYGROUP: ART EXPLORATION, 9:30 to 11 a.m., Last Frontier Community Activity Center, Building 1044. Call 353-7372.

GROUP CYCLING CLASS, noon, Physical Fitness Center, Building 3709. Call 353-7223.

ZUMBA FITNESS CLASS, 6 p.m., Physical Fitness Center, Building 3709. Cost is \$7. Call 353-7294.

Tuesday-24th

GROUP CYCLING CLASS, 6:30 a.m. and 5 p.m., Physical Fitness Center, Building 3709. Call 353-7223.

HOOR OF POWER GROUP STRENGTH CLASS, noon, Physical Fitness Center, Building 3709. Call 353-7223.

FORT WAINWRIGHT GOSPEL SERVICES BIBLE STUDY, 6:30 p.m., Bassett Army Community Hospital, Medical Library, Building 4076. For more information email ac2.claxton@us.army.mil.

Wednesday-25th

PROTESTANT WOMEN OF THE CHAPEL, 9:30 a.m., Northern Lights Chapel, Building 3430. Childcare provided, for more information email wainwright@pwoc.org.

GROUP CYCLING CLASS, noon, Physical Fitness Center, Building 3709. Call 353-7223.

BOOT CAMP, 5 p.m., Physical Fitness Center, Building 3709. Call 353-7223.

MULTICULTURAL STORY HOUR: FINLAND, 4:30 p.m., Post Library, Building 3700. Call 353-4137.

Thursday-26th

GROUP CYCLING CLASS, 6:30 a.m., Physical Fitness Center, Building 3709. Call 353-7223.

ROMP AND STOMP PLAYGROUP: ART EXPLORATION, 9:30 to 11 a.m., Last Frontier Community Activity Center, Building 1044. Call 353-7372.

HOOR OF POWER GROUP STRENGTH CLASS, noon, Physical Fitness Center, Building 3709. Call 353-7223.

NATIONAL PRETZEL DAY EVENT, 4:30 p.m., Youth Center, Building 4109. Call 353-5437.

ZUMBA FITNESS CLASS, 6 p.m., Physical Fitness Center, Building 3709. Cost is \$7. Call 353-7294.

SPRING INTO SUMMER, 6 to 8 p.m., Last Frontier Community Activity Center, Building 1044. No cost. Call 353-4227.

EMOTIONAL COACHING, 6:30 to 8:30 p.m., Youth Center, Building 4109. Childcare provided at no cost to those that pre-register. Call 353-7713.

Friday-27th

FERDINAND STORY HOUR AND CRAFTS, 4 to 5 p.m., Post Library, Building 3700. Call 353-4137.

ARBOR DAY: PLANT A TREE, 4 to 5:30 p.m., School Age Center, Building 4166. Call 361-9051.

EXCEPTIONAL FAMILY MEMBER PROGRAM ROCK CLIMBING, 6 p.m. Melaven Gym, Building 3452. Free activity for EFMP participants. Cost is \$3. Call 353-4243.

COSMIC BOWLING, 8 p.m. to 1 a.m., Nugget Lanes Bowling Center, Building 3702. Call 353-2654.

Saturday-28th

BEAR SAFETY COURSE, 9 a.m., Outdoor Recreation Center, Building 4050. No cost. Call 361-6349.

GROUP CYCLING CLASS, 10 a.m., Physical Fitness Center, Building 3709. Call 353-7223.

MONTH OF THE MILITARY CHILD CARNIVAL, 10 a.m. to 1 p.m., Youth Center Gym, Building 4109. No Cost. Call 353-7713.

ZUMBA FITNESS CLASS, 1 p.m., Physical Fitness Center, Building 3709. Cost is \$7. Call 353-7294.

SUMMER ACTIVITY CLINIC, 1 p.m., Outdoor Recreation Center, Building 4050. No cost. Call 361-6349/6350.

ATV SAFETY COURSE, 1 to 5 p.m., Outdoor Recreation Center, Building 4050. Call 361-6349.

SUMMER FUN AT THE YOUTH CENTER OPEN HOUSE, 2 to 6 p.m., Youth Center, Building 4109. Call 353-5437.

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AK POST/CAMP JESSIE
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DR.,DM
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3 x 4.0

40395268
MARKETING SOL/CARLILE
AK POST/AK POST
3 x 5.5

17395377
NORTH STAR DANCE
AK POST/SPRING GALA
3 x 4.25

EARTH DAY EVENT

Fort Wainwright's annual Earth Day, today from 10 a.m. to 4 p.m. at the Physical Fitness Center. The 2012 theme asks, "If not you, who? If not now, when?" For assistance answering those questions, contact Andy McDonough, Plans, Analysis and Integration Office, 353-9746. Find more information at www.facebook.com/pages/Fort-Wainwright-Earth-Day/307814042623266.

RECREATIONAL SHOOTING

The Sports Fire Range is available for all active-duty military and DoD ID cardholders. The range will begin operating under summer hours starting next week. Summer hours extend the normal operating times of 8 a.m. to 4 p.m. Monday through Friday to include more hours Wednesday evenings from 4 to 8 p.m. and Saturdays from 10 a.m. to 5 p.m. Military training has priority over all other range use. Fees do not apply for normal range use. For more information on safety training, requirements and availability of the Sports fire range, call range control, 353-1266.

FEEDING OUR OUTSTANDING DEPENDENTS

The F.O.O.D. program invites Family members of deployed Soldiers and recently returned Soldiers and their Families to an evening where we cook for you. The last F.O.O.D. program event will be held Sunday, May 6. Food will be served at 5:30 p.m. in Southern Lights Chapel, Building 4107. All are welcome. Wear clothing that you don't mind staining.

YOUTH OF THE CHAPEL

Youth of the Chapel will have their End of Year BBQ and Food Fight event at 5 p.m., May 6 outside the Southern Lights Chapel Building 4107. This event is only open to Fort Wainwright youth in grades 6 through 12. Wear clothing that you don't mind staining.

KITCHEN ON A WINNING STREAK

The kitchen renovations are underway and Nugget Lanes will continue to offer burger baskets, chicken strips, hot dogs, pizza and nachos with chili and cheese as renovations continue. Orders may be placed in the lounge. Renovations will continue through the middle of next week. To place an order or for more information, call 353-2656.

INTERNET, SECURITY AND SAFETY TIPS

Become cybersmart, visit sites listed below. These sites provide across a wide spectrum for child safety and have information for parents, educators and youth. They are a good resource for answering questions about internet safety, computers and the web. www.cybertipline.com; www.netSMARTS411.org; www.missingkids.com/adCouncil/pdf/lingo/onlinelingo.pdf. For more information contact your unit Antiterrorism Officer or the garrison ATO at 353-6094.

ID CARD OFFICE

The hours of operation for the military and Department of Defense ID Card Office are Monday through Friday 8 a.m. to 4:30 p.m. Appointments are required for all cards through May 1. For information call 353-2195 or 353-3615. Go to <https://rapids-appointments.dmdc.osd.mil>.

MILITARY CHILD, FAMILY THERAPY

Family members of active and retired military can consult the Child and Family Assistance Center for assistance with youth and Family issues. Individual and group therapy is available. Referrals are not required. For more information or an appointment, call 361-6284 or 361-6059.

ARMY EMERGENCY RELIEF

The Army Emergency Relief annual fundraising campaign is underway. Soldiers interested in donating to AER should contact AER campaign coordinator, 1st Sgt. Tornald Hall at 353-7617. Soldiers, retirees and their Family members who find themselves in an emergency situation can visit Army Community Service and pick an application or call for information. The AER office is located with Army Community Service in the Welcome Center, Building 3401 Santiago Avenue. For more information about the AER program, call 353-7453.

ARMY LEADERS SEEK OPINIONS

Take a short, 10-question survey about the Military Family Life Consultant program if you've used counseling or other MFLC services, Army leaders would like to know if you've benefitted from the program. The survey link will be www.surveymonkey.com/s/NQKQPX3.

LIBRARY HOURS CHANGE

The Post Library has new hours of operation. The library is open Monday through Friday from 10 a.m. to 6 p.m. For more information, call the Community Recreation Division, 353-7691.

WANTED: CRIMINAL INVESTIGATORS

The United States Army Criminal Investigation Command commonly known as CID, is currently seeking qualified applicants to become highly-trained criminal investigators. Special agents are responsible for investigating felony-level crime of Army interest, conducting protective-service operations, and working with other Federal, state and local law enforcement agencies to solve crime and combat terrorism. To qualify, applicants must be U.S. citizens, be at least 21-years-old with at least two years of military experience but not more than 10, have no record of mental or emotional disorders and no record of unsatisfactory credit. Applicants must be able to speak and write clearly, have two years of college or at least 60 semester credit hours (fewer credits may be accepted if applicant meets remaining prerequisites), maximum grade of E-5 sergeant (non-promotable), be able to complete 60 months of service obligation upon completion of the Apprentice Special Agent Course. Soldiers with civilian or military law-enforcement experience are preferred, but it is not a requirement. To apply or for more information visit www.cid.army.mil or contact the Fort Wainwright CID office at 353-6213.

FOR YOUR HEALTH CLASSES

Arctic Health Link provides classes on Diabetes, cholesterol, hypertension and tobacco cessation classes which are offered monthly. For more information or to sign up for a class, call 361-4148.

PRE-RETIREMENT BRIEFING

A monthly summary of retirement benefits for those who are one to two years from retirement, presented by Carlos Garcia, retirement services officer. To schedule Survivor Benefit Plan or SBP counseling and to register for the pre-retirement briefing call 353-2099.

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